

Akira

AOKI

青木 聡 <sub>アオキ アキラ</sub> My hope is that students can take in interest in psychotherapy that covers imagery (in the form of dreams, miniature gardens, drawings, etc.) through lectures on depth psychology. I make it a point to communicate the essence of psychotherapy, which is deviated from the Latin term "psyche – therapeia" or "service to the soul," in a manner that is easy to grasp.

#### Specialization

Depth psychology, meeting and exchange support

#### Brief explanation regarding specialization

I have been practicing and researching psychotherapy that covers imagery (in the form of dreams, miniature gardens, drawings, etc.), and have also dedicated myself to introducing process work that incorporates the flow of Jungian psychology. My recent research theme is "divorce and children," through which I have been tackling issues surrounding the alienation of one parent and meeting and exchange support following divorce.



Students in the Department of Clinical Psychology have a strong willingness to learn overall. Our faculty also devise ideas to enhance the quality of classes, where there are plenty of findings to be had. We look forward to the opportunity to learn together.

#### Specialization

Psychiatry

#### Brief explanation regarding specialization

I specialize in psychiatric clinical psychology during childhood and puberty and psychiatry/psychiatric clinical psychology based on psychodynamic (psychoanalytical) perspectives.

Naoji KONDO

近藤 直司



### If you find something interesting, take one step further and try tackling it!

### Specialization

Development clinical psychology

#### Brief explanation regarding specialization

I have an interest in the diversity of development. Development is truly multifaceted, and the paths taken by the development process are innumerable, not singular. Based on knowledge of those areas, I tackle psychosocial intervention methods and the verification of their effects.

## Tomomi ITANI

井澗 知美



I imagine that there is no shortage of university students who are troubled about having no confidence in themselves or being unable to find something that they want to do. My recommendation to such students is that they try focusing on the present. In the course of earnestly engaging things one by one through their interactions with the people whom they meet every day, the reports assigned to them in class, their living situation at home and so forth, their experience and knowledge will increase, and they will gain self-confidence. Moreover, the things that they like and are good at will also become gradually visible. As an educator, I intend to do my part so that I may impart a wealth of high-quality experience and knowledge to those students.

#### Specialization

Clinical psychology, school clinical psychology

### Brief explanation regarding specialization

I have been long involved with psychological aid on the educational frontlines, providing assistance with truancy and other problems as a school counselor and performing background investigations when pupils committed suicide as a third-party committee member. The theme of my research is the prevention of burnout among human service professionals such as teachers and nurses.



小堀 彩子



Kojun

SHIBATA

柴田 康順 シバタ コウジュン I believe that a university is a place where your outlook on how you want to spend your life will take on great importance. It is very rare for an experience that you have, no matter what it may be, proving to be wasteful from the long-term perspective of your entire life. I hope that you will cherish your time at this university spent on pondering how you want to live your life going forward while incorporating a variety of values.

#### Specialization

Adolescent psychology, educational psychology, school clinical psychology

#### Brief explanation regarding specialization

As I mostly focused on clinical activities that covered the field of "school" from elementary school to university, I mainly have an interest in the psychological development of people who fall in the age group of childhood or that between puberty and adolescence. I especially research identity-building in university students from the aspect of relationships.



A university is a place where doors open up for you to broaden your knowledge through encounters with new lines of thinking and people with differing backgrounds. It's perfectly fine to make mistakes and feel discouraged on occasion. My hope is that you will proceed to spend your time here while treasuring your desire to try to know and do things.

#### Specialization

School clinical psychology

#### Brief explanation regarding specialization

I specialize in school clinical psychology. Through interviews with schoolteachers and counselors, I research how the activities of school counselors positively benefit those teachers and whether there are differences between elementary and middle schools in this area.

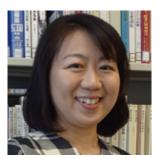
Wataru YAMAMOTO

山本 渉



## Ryotaro ISHIKAWA

石川 亮太郎



Yoko NISHIMAKI

西牧 陽子

#### Specialization

Cognitive behavior therapy for anxiety and compulsion

#### Brief explanation regarding specialization

Anxiety is an emotion that everyone experiences. Without anxiety, there is no life. I engage in research for elucidating the mechanisms that cause anxiety to become overly strong or prolong it and for proposing approaches that positively serve the treatment of anxiety.

To know others, it is imperative to fully know yourself. The numerous experiences and realizations that you have will gradually form who you are. Let's study hard together!

#### Specialization

Psychological support and childrearing support for persons with multiple hearing disorders

#### Brief explanation regarding specialization

I continue to provide psychological assistance to individuals who possess a mental, physical, visual and/or another disorder in addition to a hearing disorder while exploring methods for doing so. With individual attributes of such individuals being partially dependent on the nature of their overlapping disorders, this is a challenging clinical area that requires the full mobilization of all kinds of knowledge. In childrearing support as well, a perspective that takes the whole family into account is imperative. I also research the question of how to outfit oneself with a basic clinical stance and the ability to grasp and assess causes from multiple dimensions.



## Yasushi KUBA

<u>久羽</u>康 クバヤスシ I hope that you are blessed with a rich university life!

### Specialization

Humanistic psychology, focusing-oriented psychotherapy

#### Brief explanation regarding specialization

As people promote scientific lines of thinking, they lose sight of the element of humanity on occasion. In humanistic psychology, you will proceed to examine elements of the mind and connections between individuals while respecting the humanity of people. One approach to conducting counseling from such a position is focusing-oriented psychotherapy. I have an interest in what kinds of processes occur when people talk to others and lend their ears to what they have to say when they are together.



Michiko SUMITANI

隅谷 理子

I advise you to treasure your time right now as a student and use it to experience a variety of things. Whatever experiences you have will help sustain you in your life after you become a working member of society. Let' s learn together as we treasure the various connections that we forge with people.

#### Specialization

Community psychology, industrial clinical psychology, family clinical psychology, assertion

### Brief explanation regarding specialization

Sigmund Freud claimed that "Two hallmarks of a healthy life are the abilities to love and to work." Everyone faces their own issues with those essential activities. In this class, we principally examine the human mind and relationships between people through support for families and working individuals. Among the various community systems that exist, I have a particular interest in providing psychological aid while working together with numerous occupational categories, and aim to achieve integration between support for individuals and that for organizations.